

# PSHE Policy 2020



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## Aims:

This policy sets out Peak Education's PSHE provision and the ethos that underpins the PSHE curriculum. The three core key themes are Health and Wellbeing, Relationships and Living in the Wider World. The policy explains the methods of delivery and how the school meets national regulatory guidelines and expectations for the coverage of this area in Secondary School Education.

The school's PSHE programme reflects the school's aims and ethos and encourages respect for other people with particular regard to the protected characteristics under the Equality Act 2010. The act defines these, for the purpose of the school's provision, as race, gender, sexual orientation, disability, religion or belief, gender reassignment, pregnancy and maternity.

## Introduction:

Our students come from across the world and represent diverse cultures and socio-economic backgrounds. They are welcomed in the school community which celebrates its openness, tolerance and respect for all. In such a community PSHE plays a vital role in supporting every student's welfare and ability to be happy and successful at school and in their wider life.

The PSHE programme is adapted to suit the differing needs of our students as they move through the school and teachers pay close attention to the individuals within their groups. The focus is on open and supportive sessions where everyone is encouraged to contribute and feel safe and welcome to speak, ask questions and assert opinions.

This policy should be read in conjunction with the school's Curriculum Policy.

## British Values & Peak Education Values:

The school is a community which is:

1. Caring.
2. Friendly.
3. Inspires students to develop strengths and passions.
4. Challenges students to seek the highest academic and personal standards.

The school considers the following values & aims to be central to our life as a community:

- Students to enjoy their school days and flourish as individuals, developing healthy and balanced approaches to their own wellbeing. A healthy approach to living a happy, balanced and active life.
- Develop their own intellectual curiosity, passions and rigour as a foundation for a lifelong love of learning.
- Engage in a range of activities and opportunities beyond the curriculum to develop their skills, talents and interests.
- Learn to think independently, creatively and critically to develop their resilience and enjoyment of challenge.
- Develop their confidence to express their own voice and the self-belief to realise that anything is

possible.

- Develop a sense of active social responsibility, respect for others, generosity of spirit, tolerance and compassion.

As part of these aims, we will promote:

1. Fairness
2. Honesty
3. Respect
4. Forgiveness

These values are reinforced through the PSHE programme and throughout the life of the school.

British values are at the core of PSHE teaching in the dedicated sessions and tutorial programme. Where appropriate, PSHE lessons can be used for the delivery of lessons designed to promote key British Values, particularly those pertaining to tolerance and respect for different beliefs and faiths, the rule of law, a broad knowledge of and respect for public institutions and services in England. The understanding and upholding of democratic values and an understanding of 'right' and 'wrong' and respect for civil and criminal law. British values underpin ongoing PSHE teaching and comprise the initial part of the scheme of work for each year group.

### Staffing & Provision for PSHE:

The timetable commitment varies student to student to ensure that the school is meeting their individual needs and current circumstances.

Staff are introduced to the standardised PSHE delivery programme and made familiar with its intent and how to teach it effectively. All sectional areas are well planned and resourced by the PSHE lead.

Contextual PSHE delivery (i.e. responding to emerging personal or community issues) are strategically planned by the pastoral support team.

### Curriculum:

The topics covered in PSHE are not standalone, some elements are also covered through lessons in ICT, Biology and Religious Studies. Specific issues relating to E-Safety, Sex and Relationships Education, Drug & Substance Education, Equality & Diversity, Bullying and Healthy Eating are addressed separately.

The curriculum is also supported through the work of our Adventurous Activities Team.

PSHE is considered to be an extremely valuable element of the school curriculum and the subject co-ordinator reviews its provision regularly.

The following ground rules are provided for staff taking PSHE lessons:

- Information should never be personalised, by the teacher or by the students. Try to encourage them to speak anecdotally in the abstract, rather than telling stories about their friends, relations etc. Stick to

the same rules when conducting a lesson.

- Students will never be forced to contribute to a class discussion, but an atmosphere should be created in which most feel they can. A variety of lesson styles will be made available so as to try and engage everyone.